

“H” Unit Fricatives



Habilitation Outreach for
Professionals in Education

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Child-Friendly “H” Words

Initial

hair	heel	honk
hairdresser	height	hook
half	helicopter	hoop
hall	hello	hop
ham	help	hope
hamburger	hen	horn
hammer	her/hers	horrible
hand	here	horse
hang	herself	hose
hanger	hey	hospital
happy	hi	hot
hard	hide	hot dog
harm	high	hound
hat	high chair	house
hatch	hilarious	housekeeper
have/has/had	hill	how
hawk	himself	hug
hay	hip	huge
he/him/his	hippo	hum
head	hiss	hump
heap	hit	hungry
hear/heard	hoe	hurry
heart	hog	hurt
heat	hold/held	hush
heavy	hole	hut
	home	hymn
	honey	who

Medial

ahead
beehive
behave
behind
birdhouse
buttonhole
doghouse
dollhouse
downhill
forehead
grasshopper
playhouse
rocking horse
seahorse
tree house
unhappy
unhealthy
uphill
yahoo

Kitchen capers

- **Who is hungry?** How about a **ham** sandwich, a **hot** dog or a **hamburger**?
- Do you want **half** a sandwich?
- You can **have honey** on your pancakes.
- Your food is too **hot!** It can **hurt** your mouth.
- Feed the baby in **his high** chair.
- We can **heat** up the leftovers.

Each day, every day

- **Hug** everyone in your **home**.
- Call someone on the phone to say “**hi**” or “**hello**”.
- **Hold** your puppy or kitten gently. You don’t want to **harm** it.
- Don’t worry, be **happy!**
- Always **behave** at school.
- It’s not too **hard**. You can do it.

Activities

- Find things that are **hot**, but don’t touch.
- Pretend to be a clown. “**Ha ha ha.**” Put on a funny wig for **hair**. Wear a silly **hat**. People are **happy** to see you.
- Try on all the **hats** you can find.
- Blow a trumpet or **horn** or **honk** the **horn** of a car.
- Knock on the door of your neighbor’s **house**. Anyone **home**?
- Play “**hairdresser**” with a friend. That **hairdo** is **hilarious!**
- Make a **playhouse** out of old sheets and a table or chairs. Play **house**.
- Decorate a cardboard box to resemble a **beehive**, **birdhouse**, **doghouse** or **dollhouse**.
- Set up an animal **hospital**. You **have** many patients: a **hawk**, **hen**, **hippo**, **hog**, **horse**, **hound**, **grasshopper** and a **seahorse**. **Who’s** first?
- Set up a pretend **hospital**. Put a Band-Aid where it **hurts**—your patient’s **hip**, **hand**, **heel**, **heart** or **forehead**.
- **Hum** your favorite songs or **hymns** into a microphone.

Daily Routines

Moving through the day

- Pant like a dog, “**h-h-h.**”
- **Hop** up, **hop** down, **hop here**, **hop** there, and **hop** all around.
- **Hit** the ball **hard**.
- Walk **ahead** or **behind** someone.
- Dig a **hole** with a toy shovel or **hoe**.
- Reach up **high** to the sky.

Getting dressed

- **Hurry** and get dressed.
- Do you need **help** putting the buttons in the **buttonholes**?
- Take your clothes off the **hangers**.
- Don’t throw your clothes in a **heap**. **Hang** up the clothes you’re not wearing.
- Put a **hat** on your **head**.
- Be sure to fix your **hair**.

Games and Toys

- **Hide-and-Seek** Game (Wee Sing 6)
- **Hot** and Cold Game (Wee Sing 6)
- **Hot** Potato Game (Wee Sing 6)
- **Hungry Hungry Hippos** game by Hasbro
- Bunny **Hop** game by Educational Insights
- Chuck it Chicken game by Ravensburger (**hens**)
- **Horton Hears** a **Who** game by University Games
- Polar Bear Touch and Stack Blocks by Small World Toys (**hear**)
- Bunny **Hop** by Educational Insights

Songs, Rhymes or Fingerplays

- Humpty Dumpty (Wee Sing 2)
- A-Hunting We Will Go (Wee Sing 3)
- The Hokey Pokey (Wee Sing 3, 9)
- The Farmer in the Dell (Wee Sing 3, 9)
- Head and Shoulders (Wee Sing 5, 9)
- The Cuckoo (Wee Sing 7)
- The Ants Go Marching (Wee Sing 7, 9)
- If You're Happy (Wee Sing 9)

Book: *Polar Bear, Polar Bear, What Do You Hear?*

Written by Bill Martin Jr., Illustrated by Eric Carle

Follow a variety of zoo animals as they listen to one another and make the sounds they hear. The story begins with a polar bear that hears a lion roaring in his ear. The lion hears a hippopotamus snorting in his ear. The hippopotamus hears.... and on it goes. The story ends with a zookeeper who hears children imitating the different zoo animal sounds.

Building communication with this book

- **Vocabulary** zoo animals
- **Questions** What do you hear?
- **Present tense verbs** hear, roaring, snorting, fluting, braying, hissing, trumpeting, snarling, yelping, bellowing, whistling
- **Pronouns** you, I
- **Sound-Object Association** lion-roaring; hippo-snorting; flamingo-fluting; zebra-braying; boa constrictor-hissing; elephant-trumpeting; leopard-snarling; peacock-yelping; walrus-bellowing
- **Auditory memory for repetitive questions and sentences.**

Conversational phrases for this book

- Polar bear/lion/**hippo**/flamingo/zebra/boa/elephant/leopard/peacock/walrus/zookeeper. What do you **hear**?
- I **hear** a lion/**hippo**/flamingo/zebra/boa constrictor/elephant/leopard/peacock/walrus/zookeeper/children...in my ear.
- **Hey**, the polar bear **has** sharp claws. I **hope** he behaves himself.
- **Hide!** It's a lion! **He** has a **huge** mane on **his** head.

- The **hippo** is very **heavy**. **He** has a **huge** mouth.
- The flamingo **has** a **hooked** beak. **How** does **he** use it?
- The zebra is braying. Oh, that's a **horrible** sound.
- The snake is **hissing**. Can you **hear** it?
- The elephant **has** **huge** ears. **Hush**, do you think it can **hear** us?
- I **hope** the leopard's not **hungry**. **His** teeth could really **hurt**.
- This peacock **has** beautiful feathers. Is it a boy or a girl? Right, the girl is called a **peahen** and it's usually brown.
- The walrus **has** **huge** tusks, but it looks friendly. Can we give it a **hug**?
- The zookeeper is whistling. Is that like **humming**?
- The children are **hilarious!** Where did they get those masks and **hats**?

Props for this book

- Polar bear
- Lion
- Hippopotamus
- Flamingo
- Zebra
- Boa constrictor
- Elephant
- Leopard
- Peacock
- Walrus
- Zookeeper (any adult figure will do)



Additional Books

- *Oh, A-Hunting We Will Go* by John Langstaff
- *Hug* by Jez Alborough
- *Going on a Bear Hunt* by Michael Rosen or any other version
- *Little Red Hen* by Paul Galdone or any other version
- *Hattie and the Fox* by Mem Fox
- *Green Eggs and Ham* by Dr. Seuss
- *Horton Hears a Who* by Dr. Seuss
- *The Tortoise and the Hare*, any simple version
- *A House for Hermit Crab* by Eric Carle
- *Henny Penny* by Paul Galdone or any other version
- *Mrs. Honey's Hat* by Pam Adams
- *Hansel and Gretel*, any simple version
- *Here Are My Hands* by Bill Martin Jr.
- *Whose Baby Am I?* by John Butler
- *The Napping House* by Audrey Wood
- *A Mother for Choco* by Keiko Kasza
- *Hi, Blueberry!* by Barney Saltzberg