

“F” Unit Fricatives

Dian Baker and Nancy Caleffe-Schenck

Child-Friendly “F” Words

Initial

face
fairy
fall/fell
family
fan
fancy
far
farm
fast
fasten
father
faucet
feather
feed
feel
fence
few
fight
fill
fin
find/found
fine
finger
finish
fire
first
fish
fit
five
fix
flag
flew
flour
flower

fly
fold
follow
food
foot/feet
for
forest
forget
fork
fort
forward
four
fox
freezer
french fries
friend
frog
full
fun
funny
fussy
phone

Medial

afraid
after
afternoon
alphabet
barefoot
before
breakfast
buffalo
butterfly
careful
cauliflower
coffee
different
dolphin
elephant
goldfish
grandfather
laughing
lifeguard
microphone
muffin
office
often
outfit
perfect
refrigerator
snowflake
sofa
soft
spoonful
telephone
traffic
waffle

Final

beef
calf
chef
cough
elf
enough
giraffe
golf
half
hoof
if
knife
laugh
leaf
loaf
myself
off
photograph
roof
rough
safe
scarf
shelf
sheriff
sniff
stiff
thief
wolf
woof-woof
yourself

Daily Routines

Moving through the day

- Turn on the **fan**. It goes very **fast**.
- Sing your **favorite** song into a **microphone**.
- Don't climb on the **roof**. It's not **safe**. You might **fall**.
- Walk **forward** and backward, but be **careful** not to **fall** down.
- Run **fast, fast, fast!**

Getting dressed

- Try on **four** or **five different outfits** for a party. How do they **fit**? I like the **fancy** one with the **butterflies** on it. The one with **feathers** on it **feels** nice and **soft**. The one with **flowers** on it **feels funny**. It's **stiff** and **rough**.
- Don't **forget** to **fix** your hair.

Kitchen capers

- Make **waffles** or **muffins** from wheat **flour** for **breakfast**. Put a **spoonful** of honey on it.
- Pour Mom **half** a cup of **coffee** for **breakfast**? Get the **loaf** of bread **off** of the **first shelf** in the pantry **for** her.
- What are your **favorite** snack **foods**? I know ... **french fries** and cheese **goldfish**. You can never have **enough** of them. Here's a **full** bag of **goldfish** and a **few french fries**.
- Help the “**chef**” in your **family** **fix** dinner. Get the **beef** out of the **freezer**. Get the **cauliflower** out of the **refrigerator**. That's **fine**, thanks!
- When you're **finished** eating, turn on the **faucet** to wash the **forks** and the butter **knife**.

Each day, every day

- **Feed** your pet **fish** or a pretend **fish** some **fish food**.
- Don't be **fussy**. Take time to **laugh** and have **fun!**
- Talk to your **friends**, **father** and **grandfather** on the **telephone** this **afternoon**.
- Recite or sing the **alphabet**.
- Sit on the **sofa** and listen to your **favorite** music **often**.
- Cover your **face** if you **cough**.

Activities

- Make a **photo** album of **yourself**, your **family** and all your **friends**. Take lots of **photographs** with your camera. Take a **few** pictures **before** and **after** you **fix** your hair and wash your **face**.
- Play dress-up with a **friend** and pretend to be a **fairy** and an **elf** or a **sheriff** and a **thief**.
- Make a **fort**, **forest** or **farm** out of a large box. Decorate it **for** a play.
- Look up the **flags** of **different** states and make your **favorite** one out of an old sheet.
- **Fly** your **flag** proudly.
- Play **follow** the leader: act like a **wolf**, **giraffe**, **calf**, **elephant**, **dolphin**, **buffalo**, **frog** or **fox** when it's your turn.
- Let small plastic toys **fall off** something.

Games and Toys

- **Five Little Monkeys** Jumping on the Bed game by University Games.
- **Alfredo's Food Fight** game by Fundex Games (**fork, fling, chef**)
- **Elefun** game by Hasbro
- Near and **Far** by BJJKI Ltd.
- **Farm Families** by Milton Bradley
- Silly **Faces** game by Colorforms
- **Freeze** Game (Wee Sing 6)

Songs, Rhymes or Fingerplays

- Little Miss Muffet (Wee Sing 2)
- Five Little Speckled Frogs
- The Farmer in the Dell (Wee Sing 3, 9)
- The Muffin Man (Wee Sing 3)
- London Bridge (Wee Sing 3)
- Old MacDonald (Wee Sing 7, 9)
- Five Little Ducks (Wee Sing 7)
- Little Bunny Foo-Foo (Wee Sing 7)
- Fuzzy Wuzzy (Wee Sing 7)
- One Elephant Went Out to Play (Wee Sing 7)
- Frog Went A-Courtin' (Wee Sing 8)
- Put Your Little Foot (Wee Sing 8)
- Shoo Fly (Wee Sing 8)

Book: *The Foot Book*

Written and Illustrated by Dr. Seuss

Follow Dr. Seuss' zany characters as they explore a world of many different kinds of feet.

Building communication with this book

- **Adjectives** wet, dry, high, low, red, black, slow, quick, trick, sick, etc.
- **Antonyms** morning/night; left/right; front/back; big/small; up/down; his/her; etc.
- **Two-four word utterances** left foot; right foot; feet in the morning; feet at night; etc.
- **Rhyming** right/night; feet/meet; street/feet

Conversational phrases for this book

See phrases listed below in the parentheses.

Props for this book

Act out the entire book with human and animal feet and a few props:

- Feet in a hurry and walking fast (**feet** in the morning)
- Feet wrapped in a blanket (**feet** at night)
- Two feet marching (**left feet & right feet**)
- Feet in a large bowl of water (**wet feet**)

- Feet dried with a towel (**dry feet**)
- Feet raised and lowered (**high feet & low feet**)
- Four-footed plastic animals (**front feet & back feet**)
- Feet immersed in red tempera paint (**red feet**)
- Feet immersed in black tempera paint (**black feet**)
- Two feet marching (**left feet & right feet**)
- Count all the feet you can find (how many **feet** you meet)
- Feet walking slowly (**slow feet**)
- Feet running (**quick feet**)
- Feet kicking balls (**trick feet**)
- Feet wrapped in cloth bandages (**sick feet**)
- Feet going up stairs (**up feet**)
- Feet going down stairs (**down feet**)
- Feet in funny socks or shoes (**clown feet**)
- Child's feet (**small feet**)
- Adult's feet (**big feet**)
- Plastic or stuffed animal pig (**pig feet**)
- Real boy or a boy doll (**his feet**)
- Real girl or a girl doll (**her feet**)
- Feet in fuzzy slippers (**fuzzy feet**)
- Count all the feet you see in your house & walking around your neighborhood (how many **feet** you meet)
- Adult holding child upside down (up in the air **feet**)
- Adult flying child over a chair (over a chair **feet**)
- Add more plastic animals to make a total of 24 feet (**twenty-four feet**)
- Again add more plastic animals (**more feet**)
- Two feet marching (**left feet & right feet**)

Additional Books

- *Fish Eyes* by Lois Ehlert
- *The Rainbow Fish* by Marcus Pfister
- *Cat Goes Fiddle-I-Fee* by Emily Bolam or any other version
- *The Three Little Pigs* by Paul Galdone, Steven Kellogg or any other version
- *Little Rabbit Foo-Foo* by Michael Rosen or any other version
- *If You Give a Mouse a Cookie* by Laura Joffe Numeroff
- *If You Give a Moose a Muffin* by Laura Joffe Numeroff
- *Fidgety Fish* by Ruth Galloway
- *The Very Lonely Firefly* by Eric Carle
- *Hattie and the Fox* by Mem Fox
- *Ruff! Ruff! Where's Scruff?* by David A. Carter
- *A Flea's Sneeze* by Lynn Downey
- *The Wolf's Chicken Stew* by Keiko Kasza

